

# Breakfast

Items in red available all day

7.00am - 11:30am



<b>Scones</b> ✓	13	<b>Sweet Corn Fritters</b> ✓	24
house-made scones served with double cream & strawberry jam		<b>forestway</b> fritters topped with baby spinach, truss tomatoes, fried egg & romesco sauce avocado <b>+6</b>	
<b>Forestway Fresh Fruit</b> GFO   V   DF	20	<b>Benedict</b> GFO   V	24
seasonal cut fruit, coconut yoghurt, honey & <b>forestway</b> granola		poached eggs, sauteed spinach, hollandaise, smoked paprika and chives on sourdough choice of smoked ham   bacon   avocado   salmon	
<b>Bircher Muesli</b> ✓	24	<b>Forestway Signature Baked Eggs</b> GFO	26
<b>forestway</b> bircher muesli, cinnamon apples, seasonal berries		woodfired baked eggs with chorizo, cannellini beans, <b>forestway</b> napoletana, fior di latte, italian herbs, smoked paprika & chilli flakes with sourdough wilted spinach <b>+4</b>	
<b>Ricotta &amp; Buttermilk Hotcake</b> ✓	26	<b>Woodfired Skillet Omelette</b> GFO   V	24
ricotta hotcake, chocolate meringue, toasted macadamia, seasonal berries, drizzled with canadian maple syrup		roasted wild mushrooms in garlic, spinach and chives, feta and gruyère cheese, served on sourdough double smoked ham <b>+4</b>	
<b>Heirloom Tomato</b> GFO   V	24	<b>160° Tomato</b> GFO   V	24
heirloom & medley tomatoes dressed with aged balsamic and extra virgin oil, avocado, marinated feta cheese, poached egg, on sourdough smoked salmon <b>+6</b>   bacon <b>+6</b>		slow roasted vine tomato on a bed of ricotta with sourdough and poached eggs drizzled with basil oil	
<b>Bacon &amp; Egg Roll</b> GFO	15	<b>Wild Mushroom</b> GFO   V	26
two fried eggs, two rashers of bacon on a milk bun, choice of sauce: tomato   bbq   aioli		medley of wild mushrooms tossed with garlic, parsley & creme fraiche, on sourdough with poached eggs, grated parmesan & truffle oil wilted spinach <b>+4</b>	
<b>Eggs Your Way</b> GFO   V	14		
two eggs scrambled, poached or fried, served with two slices of sourdough toast			
<b>Add Ons</b>		<b>For The Kids</b>	
sautéed mushrooms	6	<b>Crespelle</b> V   GF	14
wilted spinach	4	two french style crêpes served with choice of maple syrup or nutella	
grilled haloumi	5	<b>Bacon &amp; Egg</b> GFO	14
avocado	6	one egg scrambled, poached or fried, with one rasher of bacon and one toasted sourdough	
grilled tomato	5	<b>Fruit Salad</b> GFO   V   DF   VE	14
hollandaise	3	seasonal fresh cut fruit	
smoked salmon	6	<b>Cheese Toastie</b>	12
coconut yoghurt	4	cheddar cheese on toasted white bread ham <b>+4</b>   tomato <b>+3</b>   sourdough <b>+3</b>	
persian feta	5		
double-smoked ham	4		
hash browns (2 pc)	6		
egg (poached or fried)	4		
scrambled eggs (2 eggs)	9		
bacon (2 pc)	6		
sourdough (1 sl)	3		
quinoa soy (1 sl)	3		
gluten-free bread (2 sl)	3		

**forestway** products available in store

GF: gluten-free GFO: gluten-free options available V: vegetarian VE: vegan DF: dairy-free

Please order & pay at the counter

We use only 100% free-range eggs for our menu

Kids Menu: 12 years & under

We respectfully reserve the right to decline menu substitutions

**10% Surcharge on Sundays / 15% Surcharge on Public Holidays**

# Lunch

served from 12pm



## Special of the day

priced daily

our kitchen's daily creation. Please enquire to see what our chef has curated today

### Caesar Salad *GFO* 22

cos lettuce, soft egg, freshly grated parmesan, **forestway** garlic croutons, crispy prosciutto, white anchovy & **forestway** caesar dressing  
chicken **+6** | smoked salmon **+6**

### Teriyaki Salmon Salad 26

teriyaki grilled salmon, mixed leaf lettuce, avocado, roasted onion, cucumber, carrot, beetroot, edamame beans and sprinkled with furikake

### Chicken Avocado Salad *GF* 26

tender marinated chicken, lettuce, avocado, roasted onion, medley tomato, marinated feta, honey & seeded mustard dressing

### Grilled Chicken Wrap *GFO* 24

marinated chicken tenderloins, baby cos leaf, tomato, spanish onion, mild peri peri mayo in a spinach wrap. served with chips or salad

### 160° Tomato *GFO / V* 24

slow roasted vine tomato on a bed of ricotta with sourdough and poached eggs drizzled with basil oil

## For The Kids

### Napoletana *GFO / DFO* 12

spaghetti with **forestway** napoletana sauce

### Kids Nuggets 14

dinosaur nuggets served with chips & ketchup

### Bolognese *GFO / DFO* 14

spaghetti with **forestway** bolognese

### Wagyu Burger *GFO* 26

**forestway** wagyu patty, caramelised onions, **forestway** burger sauce, lettuce, new york pickle & gruyère on a milk bun. served with chips or salad

### Crispy Skin Barramundi *GF* 36

on a bed of roasted kipfler potatoes, pepperonata with olives, spinach in a light tomato concasse

### Mushroom Risotto *GF / V* 30

classic risotto cooked with wild mushrooms and porcini, grated parmigiano finished with truffle oil

### Spaghetti Gamberi e Zucchini *GFO* 30

fresh australian prawns, **forestway** zucchini noodles, truss cherry tomatoes & **forestway** spicy gremolata, with a hint of **forestway** napoletana sauce

### Wild Mushroom *GFO / V* 26

medley of wild mushrooms tossed with garlic, parsley & creme fraiche, on sourdough with poached eggs, grated parmesan & truffle oil wilted spinach **+4**

## Sides

### Beer Battered Chips *V* 8

served with ketchup

### Sweet Potato Fries *V* 12

served with aioli

### Mixed Leaf Salad *V / GF / VE* 12

served with **forestway** vinaigrette

### Broccoli Chickpea Fritters *V / GF / VE* 12

wilted spinach **+4**

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# Dessert Menu



subject to availability, check our cabinet for daily selection

<b>Banana Bread</b> <i>GFO</i> fresh banana bread toasted add hand-churned butter <b>+1</b> GF <b>+0.5</b>	<b>5.5</b>	<b>Carrot Slice</b> <i>GF</i> gluten-free carrot & walnut slice topped with cream cheese frosting	<b>8</b>
<b>Mango &amp; Coconut Bread</b> fresh mango & coconut bread toasted add hand-churned butter <b>+1</b>	<b>5.5</b>	<b>Lemon &amp; Lime Tart</b> baked lemon & lime curd topped with candied lemon & lime zest	<b>6.5</b>
<b>Lamington</b> everyone's favorite chocolate & coconut covered sponge GF <b>+0.5</b>	<b>6</b>	<b>Apple Crumble Tart</b> tender cooked apple chunks, vanilla custard & cinnamon with a crumble topping	<b>6.5</b>
<b>Sfiogliatelle</b> thin, leafy pastry shell filled with citrus ricotta	<b>6.5</b>	<b>Orange &amp; Almond Cake</b> <i>GF</i> orange syrup cake topped with almond flakes & candied orange	<b>8</b>
<b>Apple Turnover</b> puff pastry filled with stewed apple & <b>forestway</b> chantilly cream	<b>8</b>	<b>Baked Ricotta &amp; Pear Cake</b> decadent baked ricotta cake with freshly diced pear throughout	<b>8</b>
<b>Freshly Piped Cannoli</b> luscious cannoli filled with <b>forestway</b> decadent custard; mini   large size available chocolate   vanilla   citrus ricotta	<b>3.9/2.5</b>	<b>Apple Strudel</b> almond cream, freshly spiced apple chunks and sultanas, encased in a puff pastry	<b>8</b>
<b>Frangipane Tart</b> almond cream tart pear   almond	<b>6.5</b>	<b>Strawberries &amp; Cream Cake</b> three layers of vanilla sponge soaked with kirsch syrup, with strawberries & fresh cream	<b>8</b>
<b>Mini Fruit Tart</b> crème pâtissière topped with fresh seasonal berries	<b>3.9</b>	<b>Date Walnut Loaf</b> with fresh medjool dates & walnuts add hand-churned butter <b>+1</b>	<b>8</b>
<b>Mini Lemon Meringue Tart</b> house-made <b>forestway</b> lemon curd topped with flamed italian meringue	<b>3.9</b>	<b>Mixed Berry Cheesecake</b> topped with fresh berries	<b>6.5</b>
<b>Portuguese Custard Tart</b> decadent portuguese custard tart	<b>3.9</b>		
<b>Friand</b> <i>GF</i> gluten-free friand with your choice of; raspberry   blueberry   almond	<b>4.9</b>		
		<b>Sides</b>	
		ice cream	<b>2</b>
		whipped cream	<b>0.5</b>

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# Drinks

Coffee until 4pm



Separate wine menu available upon request

## Vittoria organic beans

regular 4.5

### Other

prana chai 6  
on soy milk

turmeric prana chai 6.6  
on soy milk

dirty prana chai 6.8  
on soy milk

matcha latte 6

mocha 5.8

hot chocolate 5

italian hot chocolate 6  
served with cream

### Extras

decaf +0.6

large +1

extra shot +0.8

syrup +1

soy | almond | oat milk +1

## Loose-leaf

english breakfast 5

earl grey 5

peppermint 5

lemongrass & ginger 5

chamomile 5

green 5

prana chai black 5

jasmine 5

## Smoothies

### Fresh from our juice bar

**Dirty Date** *DF | VE* 13  
shot of espresso, fresh medjool dates, banana, oat milk

**Banana Oat** 10  
banana, oat, honey, cinnamon, milk, yoghurt

**Forestway Detox** *DF | VE* 10  
baby spinach, mint, mango, passionfruit, coconut water

**Triple Berry, Watermelon** *DF | VE* 10  
strawberry, almond meal, blueberry, raspberry, agave, watermelon

**The Healthy Option** 13  
banana, almond butter, almond milk, salted caramel whey protein

**Orange Nana** *DF* 10  
orange juice, mango, banana, honey, cinnamon

### Freshly squeezed using forestway premium produce

**Add a Ginger shot** +1

**Forestway Orange juice** 8

**Refresher** 8  
watermelon, mint, pomegranate

**Mt. Brocky** 8  
broccoli, apple, cucumber, fresh lemon juice, ginger

**Heartbeet** 8  
beetroot, watermelon, apple

**Popeye's Choice** 8  
spinach, kale, pineapple, apple

**Classic Cleanser** 8  
apple, celery, carrot, ginger

**Forestway Lemonade** 7

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\*All our milkshakes are made with connoisseur vanilla icecream

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## Cold Drinks

iced chocolate 9  
served with cream & ice cream

iced coffee 9  
sweetened coffee, milk, ice cream topped with whipped cream

iced mocha 9  
coffee, chocolate, milk, served with cream & ice cream

iced matcha 9  
served with cream & ice cream

iced latte 8  
coffee, milk, ice  
+ ice cream +1

iced long black 7

cold drip coffee 7

affogato 8

milkshake\* 8  
chocolate | strawberry | vanilla | caramel | banana | coffee  
+ extra thick +1

coke / no sugar 4.5

apple juice 4.5

remedy kombucha 6

lemon lime & bitters 6  
with fever tree tonic

**forestway** spring water 600ml 2.5

**forestway** spring water 1.5Lt 6

sparkling water 250ml 4

sparkling water 1Lt 8

fever tree tonic 4

## For The Kids

milky-cino 2.5

chocy-cino 2.5

milkshake\* 6  
chocolate | strawberry | vanilla | caramel | banana | coffee  
+ extra thick +1