

Breakfast

Items in red available all day

7.00am - 11:30am



| | |
|--|---|
| Scones ✓ 14 | Sweet Corn Fritter ✓ 24 |
| two house-made scones served with double cream & strawberry jam | forestway fritter topped with diced avocado, tomato salsa and sour cream, topped with a poached egg and romesco sauce |
| Forestway Fresh Fruit GFO V DF 22 | Benedict GF VO 27 |
| seasonal cut fruit, coconut yoghurt, honey & forestway granola | poached eggs, sautéed spinach, hollandaise, smoked paprika and chives set on a housemade potato rosti |
| Acai Bowl GFO V 21 | choice of smoked ham bacon avocado salmon |
| served with forestway granola, seasonal fruit and berries | Forestway Signature Baked Eggs GFO 27 |
| Pancake Stack ✓ 26 | woodfired baked eggs with chorizo, cannellini beans, forestway napoletana, fior di latte, italian herbs, smoked paprika and chilli flakes with sourdough toast |
| triple stacked with house made cream, fresh berries, maple syrup and crushed macadamia, hazelnut and pistachios, topped with whipped cream | wilted spinach +4 |
| ice cream +3 | Woodfired Skillet Omelette GFO V 26 |
| Heirloom Tomato GFO V 26 | roasted wild mushrooms in garlic, spinach and chives, feta and gruyère cheese, served with sourdough toast |
| heirloom & medley tomatoes dressed with aged balsamic and extra virgin oil, avocado, marinated feta cheese, poached egg, on sourdough | double smoked ham +5 |
| smoked salmon +6 bacon +6 | 160° Tomato GFO V 26 |
| Bacon & Egg Roll GFO 16 | slow roasted vine tomato on a bed of ricotta with sourdough and poached eggs, drizzled with basil oil |
| two fried eggs, two rashers of bacon on a milk bun, choice of sauce; tomato bbq aioli | Wild Mushroom GFO V 27 |
| Eggs Your Way GFO V 16 | medley of wild mushrooms tossed with garlic, parsley and crème fraîche, on sourdough toast with poached eggs, topped with grated italian parmesan and truffle oil |
| two eggs scrambled, poached or fried, served with two slices of sourdough toast and french butter | wilted spinach +4 |
| For The Kids | Add Ons |
| Crespelle V GF 14 | sautéed mushrooms 6 |
| two french style crêpes served with choice of maple syrup or nutella | wilted spinach 4 |
| Bacon & Egg GFO 14 | grilled haloumi 5 |
| one egg scrambled, poached or fried, with one rasher of bacon and one slice of toasted sourdough | avocado 6 |
| Cheese Toastie 12 | grilled tomato 5 |
| Gruyère cheese on toasted white bread | smoked salmon 6 |
| ham +5 tomato +3 sourdough +4 | persian feta 5 |
| Fruit Salad V GFO DF VE 14 | coconut yoghurt 4 |
| seasonal fresh cut fruit | double-smoked ham 5 |
| | hash browns (2 pc) 6 |
| | egg (poached or fried) 4 |
| | scrambled eggs (2) 9 |
| | bacon (2 pc) 6 |
| | french butter 1.5 |
| | jam 1.5 |
| | hollandaise 3 |

forestway products available in store

GF: gluten-free GFO: gluten-free breakfast option + \$2 V: vegetarian VE: vegan DF: dairy-free VO: vegetarian option

Please order & pay at the counter

We respectfully reserve the right to decline menu substitutions

Card surcharge 0.7%

10% surcharge on weekends / 15% on Public Holidays

Lunch

served from 12pm



Special of the day priced daily

our kitchen's daily creation. Please enquire to see what our chef has crafted today

Fish of the day priced daily

our kitchen's daily creation. Please enquire to see what our chef has crafted today

Caesar Salad *GFO* 25

cos lettuce, soft egg, freshly grated parmesan, **forestway** garlic croutons, crispy prosciutto, white anchovy & **forestway** caesar dressing
chicken **+6** | smoked salmon **+6**

Teriyaki Salmon Salad 26

teriyaki grilled salmon, mixed leaf lettuce, avocado, roasted onion, cucumber, carrot, beetroot, edamame beans and sprinkled with furikake

Chicken Avocado Salad *GF* 26

tender marinated chicken, lettuce, avocado, roasted onion, medley tomato, marinated feta, with honey and seeded mustard dressing

Quinoa and Kale Salad *GFO / V* 26

quinoa, kale, beetroot, cucumber, medley tomato and crispy chickpeas with a citrus honey dressing. Topped with pomegranate, almond flakes and feta
chicken **+6** | smoked salmon **+6**

For The Kids

Napoletana *GFO / DFO* 12

spaghetti with **forestway** sauce topped with grana padano

Kids Nuggets 14

dinosaur nuggets served with chips & ketchup

Bolognese *GFO / DFO* 14

spaghetti with **forestway** bolognese topped with grana padano

Grilled Chicken Wrap *GFO +2* 26

marinated chicken tenderloins, baby cos leaf, pickled cucumber, spanish onion, mild peri peri mayo in a spinach wrap. served with chips or salad

Black Angus Cheese Burger *GFO +2* 26

forestway angus patty, grilled onions, burger sauce, lettuce, new york pickles & gruyère cheese on a milk bun. served with chips or salad

Linguine Granchio e Broccolini *GFO* 36

fresh australian blue swimmer crab, broccolini, truss cherry tomatoes & **forestway** spicy gremolata, with a hint of **forestway** napoletana sauce

Gnocchi al Pesto *V* 30

housemade potato gnocchi with a creamy basil pesto sauce, ricotta cheese, crispy onion and toasted pine nuts

Wild Mushroom *V / GFO +2* 27

medley of wild mushrooms tossed with garlic parsley and crème fraîche, on sour dough toast with poached eggs, topped with grated Italian parmesan and truffle oil

Sides

Beer Battered Chips *V* 8

served with ketchup

Sweet Potato Wedges *V* 12

served with sweet chilli sauce & sour cream

Mixed Leaf Salad *V / GF / VE* 12

served with **forestway** citrus honey dressing

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Dessert Menu



subject to availability, check our cabinet for daily selection

| | |
|--|---|
| Banana Bread <i>GFO</i> 5.5 fresh banana bread toasted add french butter +1.5 GF +0.5 | Carrot Slice <i>GF</i> 8.5 gluten-free carrot & walnut slice topped with cream cheese frosting |
| Mango & Coconut Bread 5.5 fresh mango & coconut bread toasted add french butter +1.5 | Lemon & Lime Tart 6.9 baked lemon & lime curd topped with candied lemon & lime zest |
| Raisin Toast 5.5 two slices of raisin toast add french butter +1.5 | Apple Crumble Tart 6.9 tender cooked apple chunks with cinnamon, and a crumble topping |
| Lamington 6.5 everyone's favorite chocolate & coconut covered sponge GF +0.5 | Orange & Almond Cake <i>GF</i> 8.5 orange syrup cake topped with almond flakes & candied orange |
| Sfiogliatelle 8.5 thin, leafy pastry shell filled with citrus ricotta | Baked Ricotta & Pear Cake 8.5 decadent baked ricotta cake with freshly diced pear throughout |
| Apple Turnover 8.5 puff pastry filled with stewed apple & forestway chantilly cream | Apple Strudel 8.5 almond cream, freshly spiced apple chunks and sultanas, encased in a puff pastry |
| Freshly Piped Cannoli 4.9/3.5 luscious cannoli filled with forestway decadent custard; mini large size available chocolate vanilla citrus ricotta | Strawberries & Cream Cake 8.5 three layers of vanilla sponge soaked with kirsch syrup, with strawberries & fresh cream |
| Mini Fruit Tart 4.9 crème pâtissière topped with fresh seasonal berries | Date Walnut Loaf 8.5 with fresh medjool dates & walnuts add french butter +1.5 |
| Mini Lemon Meringue Tart 4.9 house-made forestway lemon curd topped with flamed italian meringue | Mixed Berry Cheesecake 6.9 topped with fresh berries |
| Portuguese Custard Tart 4.9 decadent portuguese custard tart | Frangipane Tart 6.9 almond cream tart pear almond |
| Friand <i>GF</i> 4.9 gluten-free friand with your choice of; raspberry blueberry almond | Sides _____ ice cream 3 whipped cream 1 |

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Drinks

Coffee until 4pm



Separate wine menu available upon request

Coffee

| | |
|--|------|
| Vittoria organic beans | |
| regular | 4.5 |
| Other | |
| prana chai on soy milk | 6 |
| turmeric prana chai on soy milk | 6.6 |
| dirty prana chai on soy milk | 6.8 |
| matcha latte | 6 |
| mocha | 5.8 |
| hot chocolate | 5 |
| italian hot chocolate served with cream | 6 |
| Extras | |
| decaf | +0.6 |
| large | +1 |
| extra shot | +0.8 |
| syrup | +1 |
| soy almond oat milk | +1 |

Tea

Loose-leaf

| | |
|---------------------|---|
| english breakfast | 5 |
| earl grey | 5 |
| peppermint | 5 |
| lemongrass & ginger | 5 |
| chamomile | 5 |
| green | 5 |
| prana chai black | 5 |

For The Kids

| | |
|---|-----|
| milky-cino | 2.5 |
| chocy-cino | 2.5 |
| milkshake | 6 |
| chocolate strawberry vanilla caramel banana coffee | |
| + extra thick | +1 |

Smoothies

| | |
|--|----|
| dirty date <i>DF VE</i> | 13 |
| shot of espresso, fresh medjool dates, banana, oat milk | |
| banana oat | 10 |
| banana, oats, honey, cinnamon, milk, yoghurt | |
| forestway detox <i>DF VE</i> | 10 |
| baby spinach, mint, mango, passionfruit, coconut water | |
| triple berry, watermelon <i>DF VE</i> | 10 |
| strawberry, almond meal, blueberry, raspberry, agave, watermelon | |
| the healthy option | 13 |
| banana, almond butter, almond milk, salted caramel whey protein | |
| orange nana <i>DF</i> | 10 |
| orange juice, mango, banana, honey, cinnamon | |
| watermelon crush <i>DF</i> | 13 |
| watermelon, coconut water, mint, lime, watermelon syrup | |

Juices

freshly squeezed using forestway premium produce

| | |
|---|----|
| add a Ginger shot | +1 |
| forestway orange juice | 8 |
| refresher | 8 |
| watermelon, mint, pomegranate | |
| mt. brocky | 8 |
| broccoli, apple, cucumber, fresh lemon juice, ginger | |
| heartbeet | 8 |
| beetroot, watermelon, apple | |
| popeye's choice | 8 |
| spinach, kale, pineapple, apple | |
| classic cleanser | 8 |
| apple, celery, carrot, ginger | |
| forestway lemonade | 7 |

Cold Drinks

| | |
|---|----|
| iced chocolate | 9 |
| served with cream and ice cream | |
| iced coffee | 9 |
| sweetened and served with cream and ice cream | |
| iced mocha | 9 |
| served with cream and ice cream | |
| iced matcha | 9 |
| sweetened and served with cream and ice cream | |
| iced latte | 8 |
| espresso shot, milk and ice | |
| frappé | 13 |
| blended with ice cream and topped with whipped cream | |
| salted caramel espresso matcha chocolate | |
| milkshake | 8 |
| chocolate strawberry vanilla caramel banana coffee | |
| + extra thick | +1 |
| iced long black | 7 |
| cold drip coffee | 8 |
| affogato | 8 |
| served with hazelnut syrup + 15ml alcohol shot | +5 |
| coke/no sugar | 5 |
| apple juice | 5 |
| remedy kombucha | 6 |
| lemon lime & bitters with fever tree tonic | 7 |
| forestway spring water 600ml | 4 |
| forestway spring water 1.5L | 6 |
| sparkling water 250ml | 5 |
| sparkling water 1L | 8 |
| fever tree tonic | 5 |

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